



DRUG & ALCOHOL

Referral Pathway for Northern Sydney

Drug & Alcohol Services	Service Description	Contact	Who can refer	Cost to patient
Drug & Alcohol Services in Northern Sydney and Central Coast Area Health Service	Information, Advice, Assessment, Counseling & Referral for all Drug and Alcohol related problems Opioid Treatment Program Herbert St Clinic – St Leonards Sydney Road Clinic - Manly Sydney Private Clinic – St. Leonards MERIT (Magistrates Early Referral Into Treatment Program) Community Based Adult Drug and Alcohol Counselling Services Herbert St Clinic Central Coast Hornsby Mona Vale Queenscliffe Ryde	 9906 7083 9949 1099 9901 4231 9906 7083 9906 7083 4394 4880 9477 9567 9980 0360 9466 2526 9808 7401	All GPs, Patients may self refer	Free
Better Access Mental Health Care Medicare Australia	GPs may utilize Drug & Alcohol Mental Health Care Plans e.g. using MBS 2710 between their patients, Psychologists, Psychiatrists, Drug & Alcohol Specialists and Primary Mental Health Care Providers. Available Medical Director & Best Practice templates e.g. Stable Opioid Treatment patient and Stabilize an Alcoholic patient	For a list of local Medicare Australia Registered Psychologists & Psychiatrists contact NSGPN - 9411 3533 For D&A templates also contact NSGPN - 9411 3533	All GPs	Free
North Shore Ryde Mental Health Service (NSRMHS)	Extended Hours Team – 24 Hours/Day & 7 Days/Week	RNSH – Emergency 9926 7111 Mental Health Helpline 1300 302 980	All GPs	Free
HIV AIDS HEPATITIS C Services	Clinic 16, Royal North Shore Hospital	99267414	All GPs	Free
Gambling Services	Hornsby Drug & Alcohol and Gambling Services G-Line	94779567 1800633635	All GPs	Free
Smoking Services	See community based Adult Drug & Alcohol Counseling Services Smoking Quitline CL registrar at Herbert St. Clinic, St. Leonards	131848		
Cannabis Services	See community based Adult Drug & Alcohol Counseling Services Cannabis Information and Helpline	1800 304 050 www.npic.org.au	All GPs	Free
Inpatient Facilities	Service Description	Contact	Who can refer	Cost to patient
Public Detox Units & Public Drug & Alcohol Rehabilitation	RNSH Acute Inpatient Detoxification Herbert St Clinic Marumali center - Wyong Phoenix unit Manly In Patient rehabilitation 12 step based	St Leonards 9906 7083 Wyong 4394880 Manly 99764200	All GPs , Patients may self refer	Free
The Northside Group	Inpatient Programs & Day Patient Programs Each Clinic offers individual services for further information please go to www.northsidegroup.com.au	Northside Cremorne Clinic – (Formerly Evesham clinic) 1300 556 559 Northside West Clinic 8833 2222 Northside Clinic 9433 3555	All GPs	Patients to contact admission officer for costs, check with their Private Health Funds
South Pacific Private Hospital	A range of in-patient & day-patient programs http://www.southpacificprivate.com.au/	24 Beach St, Curl Curl, 2096 9905 3667 or 1800 063 332	All GPS	As above
Mosman Private Hospital	Mood & Anxiety Disorders Unit, plus Substance Use Related Disorders. Further info at: www.healthscopehospitals.com.au	I Ellamatta Ave, Mosman Ph: 8968 6000 Fax: 9960 3997	All GPs	Patients to contact Admissions for costs & Private Health Fund check

NGO & Related Services	Service Description	Contact	Who can refer	Cost to patient
Self Help Groups	Alcoholics anonymous Central AA Central Coast AA Northern Sydney Al-anon Narcotics Anonymous Sydney NA recorded meetings Nar-anon GA Gamblers Anonymous SMART recovery Crystal Meth Anonymous MA	97991199 43233890 94889820 92793600 95196200 82301645 94188728 95641574 93735100 or 93618000 0410 324 384 0408110010	GPs, Self Referral, Family & Friends	
Day Programs	Recreational Leisure & Vocational	Kirribilli Neighborhood Centre 9922 4428 www.kncsydney.org Pioneer Club House, Balgowlah 9907 9999 www.pioneerclubhouse.org.au	All GPs	Free
Telephone Services	Face to face Telephone counseling Other telephone services	Jansen Newman Institute - 9436 3055 www.jni.nsw.edu.au Lifeline 13 11 14 www.lifeline.org.au Salvo Care Line 1300 36 36 22 www.salvos.org.au/ Kids Help Line 1800 55 1800 Domestic Violence Line 1800 656 463 Mensline Australia 1300 789 978 Friends & Relations of Gamblers -Wesley Mission 943513344 CentreCare – Relationship Counseling	All GPs	Low cost
Holyoake	Group therapy, education & support programs for adults & children who have been affected by a family member's alcohol/drug use	Holyoake, PO Box 1507, Neutral Bay, 2089 Ph: 9904 2700 Fax: 8968 1116 www.holyoake.org.au/	All GPs	Free
Family Drug Support (FDS)	Support families of children with drug or alcohol dependency. Sessions 1st and 3rd Wed each month, 7 to 9pm	Ph: 4782 9222 Dougherty Centre, 7 Victor St Chatswood www.fds.org.au 24/7 Family Drug Support Hotline 1300 368 186	All GPs	Free
Transcultural Mental Health Centre	Consultation & assessment service to GPs providing care for children, young people and adults and their families from non-English speaking backgrounds	Ph: 9840 3767 or 9840 3899 Fax: 9840 4180 www.dhi.gov.au/tmhc/services.htm	All GPs	Free
CALD translations/ Mental Health Fact Sheets		www.mmha.org.au/mmha-products/fact-sheets	All GPs	Free

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Useful Websites

<ul style="list-style-type: none"> • www.aa.org.au • www.na.org.au • www.smartrecovery.com.au • www.hazelden.org • www.lawlink.nsw.gov.au/opg • www.ranzcp.org 	<ul style="list-style-type: none"> • www.sane.org.au • www.mentalhealth.gov.au • www.adf.org.au • www.nada.org.au • www.npic.org.au • www.beyondblue.org.au
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For further Drug & Alcohol information contact RNSH Herbert St Clinic **9906 7083** or **0421 615 484** and for further information and support about Better Access Mental Health Care contact NSGPN **9411 3533**

